

Please fill out your personal info. and then mail or fax this sheet AND your completed test to the location listed below.

Name: _____

Professional Title: MD, DO NP Pharmacist

Address: _____

Office Phone: _____

Please Mail or Fax to:

Health Educators
3592 Old Atlanta Road, Suite 105
Suwanee, GA 30024
Tel (678) 513- 7473

Fax (678) 513-7284

**Place
Registration Sticker
Here**

to obtain CME credit



CME Questions

DVD #1, The Menstrual Cycle

★ Please clearly circle the letter that corresponds to your answer.

1. In the menstrual cycle, regulation of endometrial growth is mostly influenced by

- a. Estradiol and Testosterone
- b. Estradiol and Progesterone
- c. Progesterone and Testosterone
- d. Conjugated equine estrogens and medroxyprogesterone acetate

2. The menstrual cycle ...

- a. must be maintained throughout a woman's life for her to feel her best
- b. is necessary for reproduction
- c. has no influence on any other organ systems
- d. is an excellent marker for hormone balance

3. Conjugated equine estrogens and medroxyprogesterone acetate

- a. Have been extensively studied and have the exact physiological effects of estradiol and progesterone.
- b. Are examples how small changes in chemical structure have little biological effect
- c. Have very dissimilar physiologic actions compared to estradiol and progesterone
- d. Have been proven to be the best medications for hormone replacement

4. Women without a uterus

- a. Have no physiological need for progesterone
- b. Must consider using progesterone if they are exposed to estrogen
- c. May safely take unopposed estrogen
- d. Should have had their ovaries removed at the time of hysterectomy

5. Follicular stimulating hormone (FSH)....

- a. Is increased in patients with estrogen deficiency
- b. All women with elevated FSH have a clear indication for estrogen therapy
- c. Reflects level of Inhibin production by the dominant follicle
- d. Elevation and hot flashes can only be treated with estrogen

6. Hormone Balance is

- a. Unimportant and has no scientific references that support its validity
- b. Necessary to achieve the ultimate biological response
- c. Achieved with birth control pills and Premarin and Provera
- d. Achieved when any substance binds the hormone receptor

7. Serum hormone levels

- a. measure bound and unbound hormone levels
- b. accurately reflect the bio-available amount of hormone
- c. have a small normal range and can be easily interpreted
- d. can be measured easily and often because patients comply with multiple blood draws

8. Sex Hormone Binding Globulin is

- a. The transport protein for estrogen and testosterone
- b. Influenced by multiple external factors
- c. Usually decreased in obese patients
- d. All of the above