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CME Questions

DVD #3, Old Problems & New Solutions - Part II

★ Please clearly circle the letter that corresponds to your answer.

1. Evidence Based Medicine requires expert committees to interpret data and render opinions.

- a. True
- b. False

2. Excess tissue levels of estrogen is associated with

- a. Fibroids
- b. Depression
- c. Weight gain
- d. All of the above

3. Sex Hormone Globulin is decreased by

- a. Insulin
- b. Weight
- c. Stress
- d. All of the above

4. Hormones may be imbalanced by endogenous and external overexposure

- a. True
- b. False

5. Perimenopause

- a. May be a hyper estrogenic state in women
- b. If associated with hot flashes, is an indication for estrogen therapy
- c. Symptoms are not improved with progesterone
- d. Hormone production is very predictable and uniform

6. Menopause symptoms

- a. Are always caused by estrogen deficiency
- b. Can be treated with estrogen alone if the patient does not have a uterus
- c. Can be due to estrogen, progesterone imbalance due to aromatization of androgens
- d. Normal or elevated tissue levels of estrogen in postmenopausal women are rare and insignificant if serum levels are normal.

7. Progesterone is ineffective in treating menopausal symptoms

- a. True
- b. False

8. The ultimate biologic response reflects the balance of actions of the different hormones with their respective receptors.

- a. True
- b. False